

TABLE 1. GLASGOW OUTCOME SCALE (GOS) AND EXTENDED GLASGOW OUTCOME SCALE (GOSE)

<i>Five-point GOS</i>			<i>Eight-point GOSE</i>	
<i>Category</i>	<i>Key definition<sup>a</sup></i>	<i>Key criteria<sup>b</sup></i>	<i>Category</i>	<i>Key criteria<sup>b</sup></i>
Good recovery (GR)	A patient is capable of resuming normal occupational and social activities with or without minor physical or mental deficits	<ol style="list-style-type: none"> <li>Returns to work at the same level of performance as pre-injury <i>and</i></li> <li>Resumes at least more than half of the pre-injury level of social and leisure activities</li> </ol>	Upper (GR+)	Returns to normal life with no current problems related to the head injury that affect daily life
			Lower (GR-)	<ol style="list-style-type: none"> <li>Returns to pre-injury normal life, but has minor problems that affect daily life <i>and/or</i></li> <li>Resumes more than half the pre-injury level of social and leisure activities <i>and/or</i></li> <li>Disruption is infrequent (less than weekly)</li> </ol>
Moderate disability (MD)	A patient is fully independent but disabled	<ol style="list-style-type: none"> <li>Work capacity is reduced or unable to work <i>and/or</i></li> <li>Resumes less than half the pre-injury level of social and leisure activities</li> </ol>	Upper (MD+)	<ol style="list-style-type: none"> <li>Work capacity is reduced <i>and/or</i></li> <li>Resumes less than half the pre-injury level of social and leisure activities <i>and/or</i></li> <li>Disruption is frequent (once a week or more) but tolerable</li> </ol>
			Lower (MD-)	<ol style="list-style-type: none"> <li>Only able to work in sheltered workshop or unable to work <i>and/or</i></li> <li>Rarely or unable to participate in social/and leisure activities <i>and/or</i></li> <li>Disruption is constant (daily) and intolerable</li> </ol>
Severe disability (SD)	A patient is conscious but needs the assistance of another person for some activities of daily living every day	<ol style="list-style-type: none"> <li>Requires the help of someone to be around at home with activities of daily living <i>and/or</i></li> <li>Unable to travel or go shopping without assistance</li> </ol>	Upper (SD+)	Can be left alone at least 8 h during the day, but unable to travel and/or go shopping without assistance
			Lower (SD-)	Requires frequent help of someone to be around at home most of the time every day
Vegetative status (VS)	Patient shows no evidence of meaningful responsiveness		Vegetative status (VS)	
Death (D)			Death (D)	

<sup>a</sup>Jennett et al., 1981.

<sup>b</sup>Wilson et al., 1998.

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